



Adventure Trail

LEADERS INFORMATION AND SAFETY GUIDELINES

Conditions for use of the Adventure Trail

It is a condition of use that groups comply with the following conditions.

Prior to using the Adventure Trail, the Group Leader and each leader with any responsibility for supervising the use of the Adventure Trail must read the following conditions and safety notice and sign to confirm that they will ensure that all members of the group will abide by the conditions for use set out in this information.

1. Use of the Adventure Trail is at the discretion of the Group Leader, who should inspect the obstacles prior to use.
2. It is the responsibility of the Group Leader to **risk assess** the use of the Adventure Trail having full regard to the age and ability of members of the group. Only those obstacles which are deemed safe by the Group Leader should be used. The risk assessment will also take account of other relevant factors, including weather conditions and the level of light.
3. The Adventure Trail should not be used when wet or during the hours of darkness.
4. The gate to the Adventure Trail will remain locked except when the Adventure Trail is under the direct supervision of an appropriate leader who has read the conditions of use and signed the Access form.
5. Maximum group size for the Adventure Trail is 24 persons at any given time.
6. It is a requirement that when in use, the Adventure Trail will be supervised by at least one leader for every 8 group members.
7. No alteration of any sort is to be made to any of the obstacles installed in the Adventure Trail. If any loose wires, planks or other parts are noticed, or for any reason the Group Leader believes that an obstacle may be unsafe, the obstacle is not to be used and the Duty Centre Manager informed as soon as possible.
8. Leaders are to ensure that individual obstacles do not become over crowded. No more than 2 people are permitted to use the following obstacles simultaneously:

Scramble Net (obstacle 6) Rope Bridge (obstacle 8) Rope Net (9)

Wall of Tyr's (obstacle 11) High Bars (obstacle 14)

9. Only 1 person is permitted to use the Zip Wire at any one time.
10. Each obstacle is to be used only for the purpose of which it is designed.

11. Any willful damage caused by any member of the groups will be subject to charge at the discretion of the manager.
12. If any damaged is found to any equipment on the Adventure Trail, or for any reason, any responsible adult believes that it may be unsafe, it should not be used. Users should be withdrawn and the Duty Manager Informed.
13. Knives, scissors or sharp instruments are not permitted anywhere within the Adventure Trail area.
14. All accidents must be reported to the Duty Manager at the earliest opportunity.
15. In order to minimize the risk of trips and falls, the Adventure trail is not to be used for time trials.

Safety Notice

It is essential that all leaders supervising your group when using the Adventure Trail, read this information and sign the enclosed form, indicating their acceptance of the rules.

The Dalesdown Adventure Trail is laid out in a woodland area using largely natural materials to provide a variety of adventure obstacles for groups aged 8 - adults.

This facility is available all year round.

Use of the area can be built into your program to help young people to develop new skills, encourage teamwork, build confidence or just have fun!

The Adventure Trail is fenced off and the access gate locked. The group leader will be given the key on arrival after receipt of the disclosure form signed by a responsible leader, accepting responsibility for the use of the Adventure Trail.

The Adventure Trail has been designed with your safety in mind, but any of the obstacles can be dangerous, particularly in wet weather, poor light conditions or if used by inexperienced or unsupervised people.

It is the responsibility of supervising group leaders to ensure that each obstacle is to be used only for the purpose for which it is designed.

Whilst Dalesdown (Family Foundations Trust Ltd.) is responsible for ensuring that the Adventure Trail is properly maintained, it is the responsibility of the supervising Group Leader to ensure that the group uses the area in a safe manner and adheres to the conditions of use above.

Please take extra care in wet conditions because the equipment will become slippery.

Adventure Trail Obstacles

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| 1. Under (0.4m) and Over (1m) bars | 6. Scramble Net on 'A' Frame - up one side and down the other (maximum height 2.2m) | 10. Rope up and over |
| 2. Money Bars swing | 7. Monkey Bars fixed | 11. Wall of Tyres (max height 2.1m) |
| 3. Stepping Stone wooden blocks (maximum height 0.6m) | 8. Rope Bridge Climb - Access via step ladder, walk across bridge and descend via ladder (height of walkway 1.3m) | 12. Long bars |
| 4. Aerial Runway (mean height 2.8m, length 20m) | 9. 'Up and Over' wooden bar (0.7m) | 13. Balance Beam (up bank) max height 0.8m |
| 5. Single Pole across ditch (maximum height 1m) | | 14. High Bars - Up ladder, traverse by swinging along bars, down ladder (2.2m) |

Impact absorbing bark clippings are distributed at the base of each obstacle.